

USJF Black Belt Promotion Checklist

Candidate's Name: _____ Date: _____

Rank for this Promotion: _____

Club: _____

Please use this checklist when submitting your black belt promotion on USJF form 20 to the Promotion Committee. **Incomplete or incorrect forms will be returned. Promotions must be submitted by club's head instructor or designated representative (assigned by head instructor).**

___ Most current USJF form 20 must be used (check USJF website – www.usjf.com);

___ Form must be typed, *handwritten forms will be rejected*;

___ All sections have been completed

- Personal History
- Promotion History (date MM/DD/YYYY, USJF Rank #)
- Judo Affiliation (date if change of club and/or Yadanshakai)
- Major Shiai Record (date after last promotion only or “non-competitor” There should not be any shiai record for non-competitor)
- Kata Proficiency (all required kata for the requested rank per USJF handbook, form might not allow you to check more than one box if so you are allowed to check off box with “X” in pen)
- General Ability (i.e. fair, good, excellent)
- Award/Championships/Contribution (date after last promotion only or “none”). **Promotion Committee will review this section for competitors (awards and championship based on shiai record) and non-competitors (contribution to club, local, State and National**

Associations - regardless of time in grade). DO NOT LEAVE BLANK.

➤ Education History

___ Active member of USJF, *do not send renewal registration with promotion form, mail to Travis Kono;*

___ Meets continuous active membership with USJF, *do not send back dues with the promotion form, mail directly to the USJF National Office;*

___ Promotion fee (check payable to 50th State Judo Association - \$125 for Shodan plus \$25 for each Dan thereafter. (This does not apply for Life Time Member of USJF); **there is an additional \$25.00 promotion processing fee due to the 50th State Judo Assn. for each promotion candidate submitted.**

Life Time USJF Member # ___

___ **All candidates must** complete SafeSport and CDC Heads Up courses.

___ Candidates Nidan and above must be First Aid and CPR certified.

___ Background check completed (unless Candidate is under the age of 18). Form can be found on the USJF website. Mail completed form and check directly to the USJF National Office P.O. Box 338 Ontario, OR 97914-0338.

Pages 2 to 8 of Form 20 is only required if Candidate needs reduction of time-in-grade. If pages are included, make sure that the Candidate sign page 8.

PDF Form 20 and copy of this check sheet must be emailed to Rolann Regidor (ke_aka@yahoo.com); promotion and processing fee check (payable to 50th State Judo Association) mailed to 724 21st Ave. Hon., HI 96816. Promotion form will not be submitted to Committee unless promotion fee is received. Form and check must be received by the deadline date.

Please email Rolann should you have any questions.